

CATHERINE KNIBBS

Trading at 4 CHARLOTTE STREET YARD

WAKEFIELD

WF1 1UB

Telephone: 07907589125 Email: cybertrauma@icloud.com

Education

2018-Present	Clinical PhD/Doctoral Researcher- University of Salford
2015-2017	MSc Integrative Psychotherapy Child & Adult - Dual registers. (UKCP accredited course at Newman University)
2014- 2014	Certificate in Clinical Supervision Manchester Institute Psychotherapy, Manchester
2010-2014	PG Dip Psychotherapy : Distinction (UKCP/BACP accredited course), NGP, Newcastle
2010-2013	Dip Therapeutic Counselling (BACP/UKCP accredited course), NGP, Newcastle
2006-2009	Bsc (Hons) Psychology, University of Huddersfield, Huddersfield
2004-2006	A' level Psychology : Wakefield College CTI Certificate in Counselling Skills Wakefield College.
1992-1995	Hnc Equivalent: Electrical, Mechanical and Electronic Engineering. British Army.
1985-1990	Secondary school @ St.Thomas à Becket, Wakefield.

Experience

2012-Present	UKCP and Registered MBACP (accred) MSc INTEGRATIVE CHILD/ADULT TRAUMA PSYCHOTHERAPIST, CLINICAL RESEARCHER UK LEAD : CYBERTRAUMA RESEARCHER/CONSULTANT CLINICAL SUPERVISOR working with children, young people and adults Author of Book: Cybertrauma (2016)
--------------	---

PEER Support Yorkshire - Director/Consultant and Training, Clinical Lead, Cyber Trauma, Therapeutic Interventions for children and young people who are victims of trauma, abuse and loss. Using Biofeedback/Neurofeedback Software and Interventions and gaming.

- Early Consultant for AI/ML robot in e-safety (Oyoty)- now “Own It” (@BBC)
- Conference and Tutoring : Trauma, Child/Developmental Trauma & Child Sexual Abuse (specialisms), CSA/CSE Online, Child & brain development; life outcomes
- Design and tutoring of trauma material to professionals, schools, parents and pupils
- Consultation for Local Authority/NHS Risk and Resilience Framework
- Workshops at National Conferences : 2012- UKCP, 2013 STAC, 2014-Northern Trauma Branch (BACP) 2014 Enough Abuse, Barnardo's, 2015-TA Conference, Marie Collins Foundation (2015), writing for InternetMatters.org (to date) Oyoty AI consultant.

2011-Present

Previous Therapist Roles

- FAMILY ACTION BRADFORD- I began here as a placement (July 2013) on the Alma Street Project, which is for child victims of sexual abuse. I worked here for two and half years.
- ESCAYP- I worked with young people aged 3-21 for short term play therapy interventions. I was here between April 2011 & December 2014
- WELL WOMEN WAKEFIELD- I volunteered here and worked with women aged 16+ as a counsellor providing long and short term interventions. April 11-May 14.
- GASPED- I volunteered here from April 2013 to Nov 13. I worked with both adults and young people who were attending the service for drug and alcohol related issues. Part of my role here was to work with young people under a new service being developed called Insight.

2011-2015.

Relationships and Sexual Education Tutor.

Spectrum Healthcare

- Delivering Relationship education to secondary school pupils
- Design of materials to be used.

- 2011-2013. Bereavement Support Worker- AgeUK
- Social Prescribing Consultant
 - Group facilitator
 - Life skills instructor
 - Working with Multi disciplinary teams within West Yorkshire.
- 2009-2011 Dual Role: Gaming Website/Press Site and Data Administrator for DLM
Spong.com and eleventeenth.com, respectively, Wakefield
- 2002-2011 Qualified F.A. Coach /Referee/Karate Instructor/Club Secretary
- Interpersonal skills between Children, Parents, Staff and Associations.
 - Organisational skills.
 - Child protection officer
 - First aider
- 2000-2000 IT support (1st and 2nd Line)
Economatics, Sheffield
- 1998-2000 IT Technician (Specialist Technician for Casino/Bank and Esso Stations)
Burnhams, Wakefield.
- 1996-1997 Homecare assistant
Greenfield Homecare, Liphook
- 1992-1995 Instrument Technician
British Army, United Kingdom
- First woman to achieve trade in Armed Forces
 - Engineer in Lasers, Day/Night Sight and Weapons Equipment.
 - First woman to attend live tank firing range/Blues and Royals Barracks

Some Publications:

Cyber synapse podcast- host of this podcast

Journals

Counsellors experiences of working with children who have been cyberbullied: Thematic analysis of semi-structured interviews (2017) Journal of Techno Ethics special edition

Cybertrauma: The impact of the online world the developing brain and interpersonal struggles of children, young people and adults too. (2017) International Journal of Psychology and Behaviour Analysis

Books

Cybertrauma The Darker Side of the Internet for Children & Young People 2016 : Blurb Press

Articles

internetmatters.org Understanding emotions behind cyberbullying. October 2015

<http://www.counsellorcpd.co.uk/> iTunes : Podcast: Why Neuroscience is important as practitioners (Oct 2015)

onlineevents.co.uk Childhood trauma and Brain development (September 2015)

onlineevents.co.uk Cybertrauma : past, present or future

[BACP CYP Journal 2014: Cybertrauma](#)